



# NEWSLETTER



## Melton & District Indoor Bowls Club Limited

January 2017

Editor: David Brown, Tel 01664-566152

### INTERESTED IN COACHING?

The Club wishes to encourage its Members to apply to become qualified bowls coaches.

If you are interested in learning how to encourage people to take up bowls and help them to improve their performance – **THEN WE NEED YOU.**

The Club has a thriving Junior Section and every year the Club as a whole recruits about 70 new members. With your help and enthusiasm we cannot only keep membership fees down but we can contribute to helping many Members to improve their game and stay with us for longer.

There are two levels of Coaching that the Club wishes to support:

**Level 1** – Any Club Member aged 15+ - this course takes 2 days to complete including completion of a portfolio and an assessment and includes:

- Introduction to the Roles and Responsibilities of the Level 1 Bowls Coaching Assistant and the role of a Participation Programme Facilitator
- Safeguarding and Protecting Children and Vulnerable adults
- Health, Safety, Accidents and emergencies
- Effective Communication, Coaching and Learning
- Planning and Evaluation Bowls Coaching sessions
- Coaching a Beginner
- Warm ups
- Working with the Jack
- Working with the bowl

- Introducing Basic shots
- Cool downs



**Level 2** – Any Level 1 qualified Coach - The course takes 5 days to complete in total, followed by the completion of a portfolio and an assessment and includes:

- Roles and Responsibilities of a Coach
- Coaching and Learning
- Communication
- Safeguarding Children and Vulnerable Adults
- Equality and Diversity in Coaching Bowls
- Sports Science including Bowls Ballistics
- Warm ups, cool downs and exercises to support Bowls
- Treatment and Management of Injury
- Diet and Nutrition
- Drugs in Bowls
- Venue Risk Assessment
- Coaching Session Plans
- Bowls Technical Information
- Types of Shot

- Decision Making, Communication and Tactical Activities.

**The club is prepared to fund the provision of the necessary training course, so there is no cost to our members.**

**All Members are encouraged to register their interest, without commitment, and depending on the response, the Club may be able to hold the courses on site. So please contact Peter Bailey, Director & Coach to find out more and hopefully register your interest. We would be delighted to see some of our younger players taking up this opportunity, it could lead to a career in coaching**

**Contact Peter's on: -**

**e-mail: peterbailey19@btinternet.com or Mobile 07547777258.**



### **Employment Opportunity**

For some years now, Directors of the club and a number of other members, have carried out some of the maintenance work within the building in an attempt to save money. As we get older, our ability, and indeed our desire to do this becomes less and less, and we are finding it more difficult to get work done in this way.

Our financial situation is now quite stable, and we haven't found it necessary to increase our playing cost to members for some years, so the Directors feel that now is the time to introduce a new role within the club, and as such we are advertising, initially within the club, for the position of Caretaker.

Details of the job will be posted within the club shortly and anyone with the appropriate skills, interested in some part-time work is encouraged to apply.

We hope to get the successful candidate in place by the end of February, so there is some urgency.

### **Christmas Gala 2016**

What a lovely afternoon joined with the nicest people from Lincs. V.P's. Everyone joined in the fun and the Christmas costumes were amazing.

Thanks to Mehdi for the Christmas meal and the helpers, also thanks to all who kindly gave raffle prizes which made £119.

See you next year!

Eva Radford (Gala Secretary)

### **Forthcoming National Championship Finals**

On Saturday 25th March the EIBA Finals begin for eight days, concluding on Saturday 1st April, and once again we need volunteer stewards to make the event a professional one.

This is a prestigious event which we have been proud to stage most years since 1989, and it is financially worthwhile to the club.

A list has been posted on the Reception Desk showing the times of the various sessions, inviting members to add their names. The role of Steward is not an onerous one, and full training will be provided if you have not done it before. Some of our newer members may well appreciate the opportunity to get a close look at how the best players in the country perform. Entry to the event is free to all full members of the club, provided you carry your membership card.

If you are able to undertake just a couple of sessions as a Steward, it would be a great help the club, and enable us to maintain our position as the favoured location for this event.

If you wish to speak to someone about the role of Steward before committing to it, please contact David Brown via the office and I will be pleased to explain what is involved.

Following on from the EIBA event, Thursday 6th April see's the beginning of the English Short Mat Bowling Association National Championship Finals, which is a first for Melton. Unlike the EIBA Finals which involve the last sixteen in each competition, the ESM-BA Finals include the last 64, so this will be a very busy event.

The game is played on a mat which is laid on top of our bowling carpet, and the plan is to lay twenty-four mats down, twelve at the Bar end and twelve at the far end, across the width of our green.

Each discipline (Singles, Pairs, Triples and Fours) will be played from 64 starters to a finish, on each of the four days of the event, which concludes on Sunday 9th April.

Again, unlike the EIBA Finals, we are required to provide very little in the way of support for this event, so whilst we *will* have a couple of Stewards on each session just for safety reasons on Fire Doors etc, it should be a very simple event for us.

I would encourage members to come down and watch this very different form of indoor bowls, as it can be very intense, and is a much quicker game overall. Entry is free.

### **All Our Yesterdays**

This week I have been searching our archives for copies of various drawings relating to the design of the building thirty years ago, to help with the diagnosis of the leak from our Rainwater system, which you will have noticed alongside rink 8. We are commissioning a Structural Engineer to investigate this, as we are concerned that being thirty years old this year, it may be in need of some work.

Whilst looking through various files, I came across three A4 ring binders of old press cut-

tings dating back as far as 1987, when the building construction was beginning on site. Many of the reports and photos were of presentation nights, and it was a real treat to identify some of our current colleagues, but when they still had hair that was a colour other than grey.

We thought it would be a nice idea to scan some of these cuttings and show them on the TV Monitor in the lounge, so if we can arrange this, it should give some of us a good laugh.

So watch out, it could be YOU!!!

### **Brewery Price Increase**

We have been advised by our main brewery supplier that they are increasing their prices on 1st January 2017, but they have yet provided the detail. It is therefore likely that beer prices will need to increase within the near future.

In past years, Brewery prices we have increased in February and we have usually held off any increase until after the budget to see if that also results in a price (duty) increase.

However, this year the Brewery has brought the increase forward to January, so we will review the increase details as soon as we get them, and decide whether we can justify holding the retail increase until after the Budget

### **Glennis Haines**

It is with sadness that I report the death of Glennis in the Waltham Nursing Home on Thursday 5th January. Glennis was a former member and Director of the club. Peter and Glennis moved to the East Coast some years ago but returned to Melton in the recent past.

The funeral is to be held at Loughborough Crematorium on Friday 20th January at 2:00pm. Family flowers only and donations if desired in aid of the Dementia UK. All enquiries, to Richard Barnes Funeral Directors.

Our sincere condolences go to Peter and the family at this time.

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