

## Bowlers requiring Assistance

Our Club has a number of bowlers with disabilities and most play in our leagues, and others come regularly to our Social Bowling Sessions. We have specialist coaches who are trained to assist bowlers with a range of disabilities, and there are a number of pieces of equipment available to help you.

Colin (pictured below) uses a special walking stick with a large ferrule on the bottom to keep him stable and so that it doesn't dig into our carpet, and he requires one of our special wide wheeled wheelchairs to carry him from one end of the rink to the other.



We have lifting sticks so that you don't have to bend to pick up the bowls or the jack and a launching stick if you have bending difficulties when delivering the bowl. We also have a chute for use from the end of the rink if you are unable to leave your specialist wheelchair.



Some of our bowlers have various sight problems and we run bowling sessions for Mencap bowlers two or three times a year. We have four two-hour sessions every week for New Bowlers, with coaches in attendance at each one.

We also have bowlers who have reached their 90s and still play regularly, so don't think you are too old to take up this sport, there is no age limit, and our Junior Club can cater for youngsters as young as seven.

Whatever your needs we can accommodate you and would love to see you at our club. We pride ourselves on our friendliness and helpfulness to all ages and abilities, whether you require our assistance or not.